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Foreword



Presented by The Annual Staff

School



of Portsmouth General Hospital

of Nursing

Portsmouth, Virginia



*The
'67
Lamp*

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Director
School
of
Nursing

Lois S. Daniels, R.N., B.S.N.E.

To the Class of 1967:

As you go forth as a product of the School of Nursing, I hope you will keep before you the thoughts of the following poem by Emily Dickinson.

SUCCESS?

"He has achieved success who has lived well, laughed often, and lived much; who has gained the respect of intelligent men and the love of little children; who has filled his niche and accomplished his task; who has left the world better than he found it, whether by an improved poppy, a perfect poem, or a rescued soul; who has never lacked appreciation of earth's beauty or failed to express it; who has always looked for the best in others and given the best he had, whose life was an inspiration; whose memory a benediction.

If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain;"

My every good wish is yours in your pursuit of excellence in nursing.

Most Sincerely,

Lois S. Daniels, R.N.



EARL TITMAN
Hospital Administrator

GEORGE A. LILLE
Assistant Hospital Administrator



LURLENE WHITLEY, R. N.
Director of Nursing Service

ELIZABETH HUTCHINS
Executive Secretary





MARY JO KING, R.N.; B.S.N.
Maternity Nursing, Maternal &
Child Health



BETTY JANE JACKSON, R.N.;
B.S.A.S. Medical-Surgical
Nursing I, II, III



SUE ARCHER, R.N. Health Nurse-
Clinical Instructor



VERDA EADIE, R.N.
Nursing of Children-Maternal
& Child Health



ANNETTE LaVALLE, R.N.; B.S.
Medical-Surgical Nursing; IV



MARGARET EDWARDS, R.N.
Introduction to Nursing



ELSIE FUTRELL, R.N.; B.A.
Pharmacology

Head Nurses



W. HYLTON
Intensive Care
Unit

R. BROUGHTON
East four

B. RETZLOFF
East Two

P. BURKETT
East Three

L. LANE
Central Three



R. OLIN, Maternity Floor
B. JOHNSON, Nursery
E. NEVINS, Delivery room
B. JORDAN, Supervisor.



M. WILSON
Central Two



N. MULLENS
Central four

A. WALL
Pediatrics

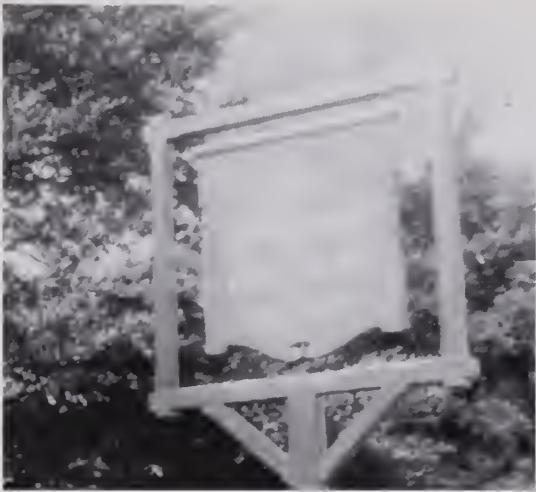


R. RULL
North Two

Not Pictured

B. BAILEY - Public Health Clinic
K. WHITE - Emergency Room

Old Dominion College



As student nurses in our freshman year, we received a background in the biological and social sciences at Old Dominion College. This is a background upon which we build when we begin our clinical nursing courses and clinical laboratory practice, in giving patient care.



Introduction to Nursing



Introduction to Nursing I and II is presented during the first and second semesters of the Freshman year. Each semester is divided into two units with a nursing care study which correlates the clinical experience.

Through introduction to Nursing I and II the freshman are introduced to their role in nursing and the basic nursing care of the patient. Eight weeks after admission, through planned clinical experience, the student begins to develop skills in nursing techniques. Emphasis is placed on scientific principles taught in the basic sciences as they relate to the general nursing care of the individual patient.



Medical — Surgical Nursing

The student nurse learns to identify and to meet the nursing needs of adult patients who are undergoing medical and/or surgical intervention. Basic concepts in surgical asepsis and inhalation therapy are introduced very early in the course. Through Patient Progressive Care Experiences, observation and clinical practice are further reinforced. Knowledge is gained as to the nurses' role as a participating member of the health team. Emphasis is placed on principles and techniques used in the rehabilitation of patients with long term physical disabilities.





The Jones Building is the residence of the affiliating student nurses



Psychiatric Nursing

We, as Junior students affiliate at Springfield State Hospital, Sykesville, Maryland. This hospital contains fifty-two buildings and over three thousand patients.

Classes include: History of Psychiatry, Personality Development, and Clinical Psychiatry. We apply our knowledge to actual experiences on the different units of a general hospital.



TOP LEFT: Nursing Education Staff - Mrs. Brenda Esterly, Mrs. Nellie Polk Peiffer, Mrs. Helen Stauffer BELOW: Men's L Building





Maternity Nursing

The Junior students have a thirteen week experience in Maternity Nursing. Here they are introduced to the normal physiologic development and delivery, and care of the new born baby; as well as complications that might occur.

Learning experiences are rotated between the Delivery Room, the Nursery, and the Floor Unit. There are visits to the public health pre-natal clinics, and one day is spent in an obstetrician's office.

The students encounter many opportunities to instruct women in the antepartum, labor and delivery, and post-partum phases of their pregnancy.



Nursing of Children

Nursing of Children, better known as Pediatrics, is a thirteen week specialty, reserved for the Senior year.

The program includes supervised teaching and learning experiences on the unit. Each student works with adolescent patient, as well as school-aged children, toddlers, and infants. Psychological and emotional support, as well as bedside nursing are emphasized.

The course includes visits to the Pediatric and Well Baby Clinics, field trips to Kurk-Cone Rehabilitation Center, King's Daughters Hospital, the Child Care Center, and a day in a Pediatrician's office.





Intensive Care Unit



Emergency Room



Evening and Night Duty



Inhalation Therapy Observation



Public Health Clinic

Senior Learning Experiences

Experience in the Intensive Care Unit Emergency Room, Inhalation Therapy, the Out-patient Department, and in evening and night duty comprise Senior Learning Experiences. During these thirteen weeks seniors have an opportunity to practice in each area thereby becoming familiar with the duties of the head nurse and with specialization within the medical - surgical nursing field.

Seniors





ADVISOR
Mary Jo King

SENIOR OFFICERS

President - Paula Hunt; Vice-President - Eunice Deimel;
Treasurer - Linda Ivins; Secretary - Sharon Brantley.





*Sharon Sue
Barber*

"Happiness is not perfected
until it is shared."



*Sharon Lynn
Brantly*

"Good cheer is as essential as
sunshine."



*Eunice Beatrice
Deimel*

"Though my lamp be small,
I am to give the flame "



*Anita Louise
Hedrick*

"Meet trials with smiles and
they vanish."



*Paula Ann
Hunt*

"Success is disagreeing with-
out being disagreeable."



Linda Gale

Twins

"Have patience and be strong."



Beverly Bright

Jones

"Dreams do come true - if you make them."



Madeline Frances

Lester

"A smile costs nothing but creates much."



Patricia Jeanette

Melvin

"Let me be my brother's friend."



Barbara Congleton

Rawls

"She's always finding little ways of helping other folks."



*Judith Ann
Sullivan*

"Life is no brief candle - it
is a splendid torch."



*Rita Gray
Terry*

"A friend is a gift you give
yourself."



*Emma Lou
Varney*

"I am bigger than anything
that can happen to me."



*Barbara Joan
Williams*

"Patience is the essence of
life."



*Marcia Ellen
Winters*

"Be a star in someone's sky."



CUTEST



MOST STUDIOUS



MOST VERSATILE



MOST FUN LOVING



FRIENDLIEST



BEST LOOKING



MOST SINCERE



MOST LIKELY TO SUCCEED

Senior Superlatives



MOST ACCIDENT PRONE



BEST ALL AROUND



MOST DETERMINED



BEST DRESSED



MOST IMAGINATIVE



QUIETEST



MOST DEPENDABLE

At last after three definitely eventful years, we are finally graduating. It's June the eleventh; the church is crowded with proud parents, husbands, and boyfriends. Here we stand fifteen very proud and excited graduates.

Now looking back to September 1964, it seems hard to believe that we have evolved from the frightened, wide-eyed freshmen that we were then to: the confident, somewhat matured candidates for the title of Registered Nurse.

Remember that first week? The orientation dance at Frederick College was definitely one to remember. If that wasn't an event in itself, coming home to ransacked, overturned rooms was quite enough for one day's experience. How could anyone forget "Rat Day?" My how pretty we looked. But it was fun, all of it!

We were busy that first semester. Classes and studies, both at the college and the hospital, hardly left time for anything else. There was a day in November when we worked on the hospital units for the first time. Goodness, only two hours to make a "complete bed"; how could we get it all done? Then the holiday season was upon us, and before we knew it, it was exam time. Study! Study! Study! "Does anyone know how to work this chemistry problem?" "Hey, where is the Xiphoid Process?" With exams over, we courageously plunged into the second semester even though we had lost four of our original thirty-one.

June was here and the Frederick College classes were completed. The Juniors gave us a pleating party. It was difficult to figure out how to pleat our scarves, and they felt so awkward the first time we wore them. But awkward or not, they felt wonderful the night of our capping. Twenty-three freshmen were now ready to tackle the final semester of their "Rat" year.

The summer passed quickly. Medical-Surgical Nursing and Pharmacology constituted the theory portion of our learning experience. Medical-Surgical Units provided learning experiences in the clinical area. September was here and now twenty-one determined girls began their Junior year.

Academic pressures were somewhat relieved, but now we had to concentrate on our professional skills. Working five-day weeks on the different units made us feel more like nursing students.

Remember how good it felt to be able to initiate the new "Rats"? So much was behind us, and there was so very much still on the horizon. What better way to start off our Junior year than to have two of our classmates installed as state officers in the Student Nurses Association of Virginia.

December came all to soon. Vacation was welcomed, but now the class was divided. Half of us left Portsmouth for Sykesville, and psychiatric affiliation; the others began Maternity Nursing.

How barren and far away Springfield State Hospital seemed, but the welcomed letters from good old P.G.H. kept us informed of the latest news and the experiences of maternity nursing. The snow was so deep it actually became a welcomed relief just to see the ground again. With the approach of June, our class was united again. Endless hours were spent in discussing "episodes" that occurred while room-mates and friends were separated.

Summer passed quickly, but not without honor, for one of our classmates was chosen as Miss Student Nurse for District I. July, August, September, and then we wore black bands on our caps and were called Seniors. Our clinical assignments required more responsibility, and our classes became more advanced. Again we made the headlines. Another one of our classmates became the first from this school to be sworn into the student nurse program of the Army Nurse Corps.

Nursing of Children, Senior Learning Experiences, and evening and night duty kept us busy from December until June.

At last that long awaited day is here. The graduation dance and the parent-daughter banquet have both successfully come and gone. Baccalaureate is over, and soon graduation will be a memory. For a brief moment we glance at the past, then one by one walk down the aisle to a future well deserved.

Paula Hunt

Rita Terry

Juniors





CLASS OFFICERS:

Paulette Burch, Parliamentarian; Gail Crumpler, Chaplain;
Carol Rice, Treasurer; Arlene Baines, secretary; Madlyn
Culpepper, President; Winnice Boush, Vice-president



ADVISOR:

Betty J. Jackson





Arlene Baines



Winnice Boush



Joan Britt



Paulette Burch



Joyce Cockrell



Gail Crumpler



Madlyn Culpepper



Bertha Harrison



Charlene Dimmock



Virginia Hovis



Diane Hunter



Paula Odell



Vickie Koonce



Judy Rickman



Carol Rice



Martha Schaaf



Ruth Tate



Evelyn Schaller



Virginia Vass



Pam Vick

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Freshmen



*Freshmen
Class
Officers*



Linda Gray, Secretary; Rachael White, Treasurer; Beth Saunders, President; Karen Jones, Parliamentarian; Brenda Morris, Chaplain and Historian; Robert Cox, Vice-President. (not shown)



ADVISOR
Margaret Edwards





Karen Jones



Francine Krumpelman



Pamela Wise



Rachael White



Brenda Morris



Elizabeth Saunders



Marie Scherck



Judith Smith



Dorothy Tynes



Brenda Batchelor



Evelyn Bonner



Robert Cox



Linda Gray



Activities





STANDING: E. Deimel, By-Laws committee chairman; P. Hunt, Senior rep.; B. Saunders, Freshmen rep; B. Jones, President; P. Wise, Freshmen rep; P. Hudson, Historian; E. Varney, Parliamentarian. SITTING: V. Hovis, Treasurer; M. Culpepper, Vice-President; S. Barber, Recording Secretary; J. Cockrell, Corresponding Sect

Student Council Honor Council

ADVISOR:
Lois Daniels

MEMBERS; J. Smith, Secretary; R. Tate; P. Melvin, President; B. Rawls; C. Dimmock; J. House.





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Pat Melvin



CO-EDITOR
Carol Rice



BUSINESS MANAGER
Sharon Barber



ADVISOR
Mary Jo King

*The
Annual Staff*





DIRECTOR
David Huff



PRESIDENT
Pat Melvin



ADVISOR
Annette LaValle

The Glee Club



Alumnae Queen and Her Court



PAM WISE
Freshman
Attendant



EMMA VARNEY
Senior
Attendant



SHARON BRANTLEY
Queen



PAULETTE BURCH
Junior
Attendant

Miss Student Nurse

BEVERLY JONES



Each year students from each school in District I compete for the title of "Student Nurse" of the year.

We are proud to say that Miss Beverly Jones was chosen on the basis of scholastic achievement, personality, poise and extemporaneous questions submitted by the judges.

Each district winner is responsible for planning and publicizing the contest for the coming year.



PEARL
GREGORY
Housemother



LUCILE
PARKER
Housemother



DAISY BOWEN
Housemother

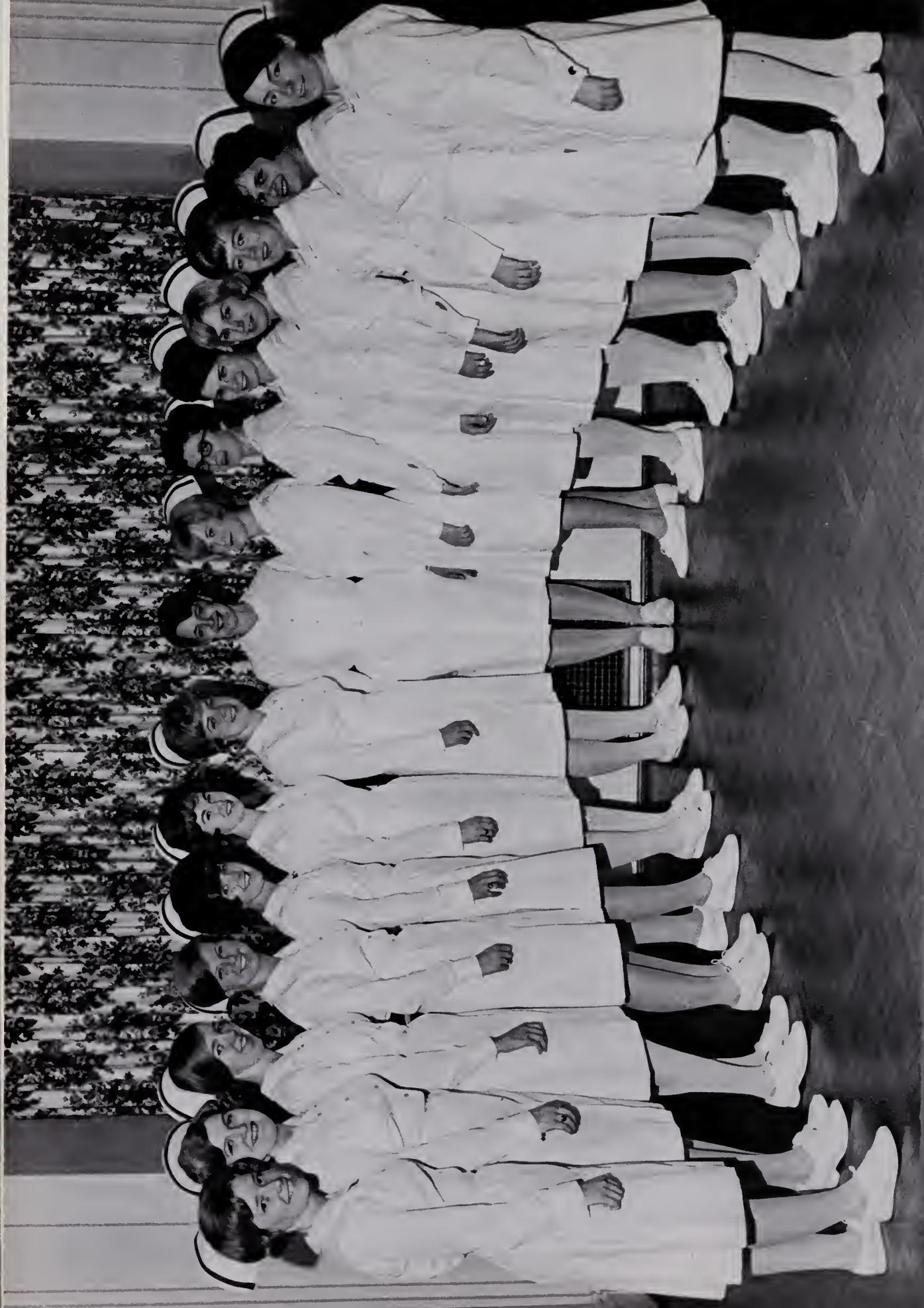


ELAINE
CREAMER
School
Secretary



GAIL LUCKEY
Librarian





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